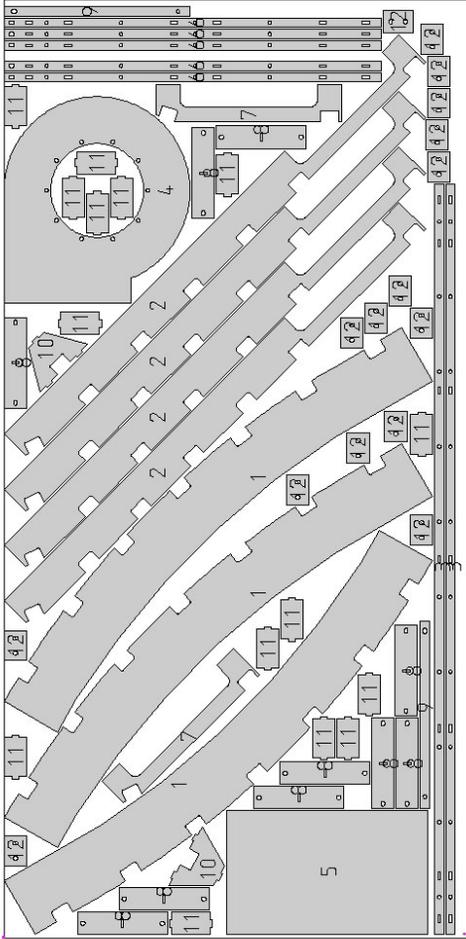


Building a Nest

Anna Ørberg and Anne Nora Fischer

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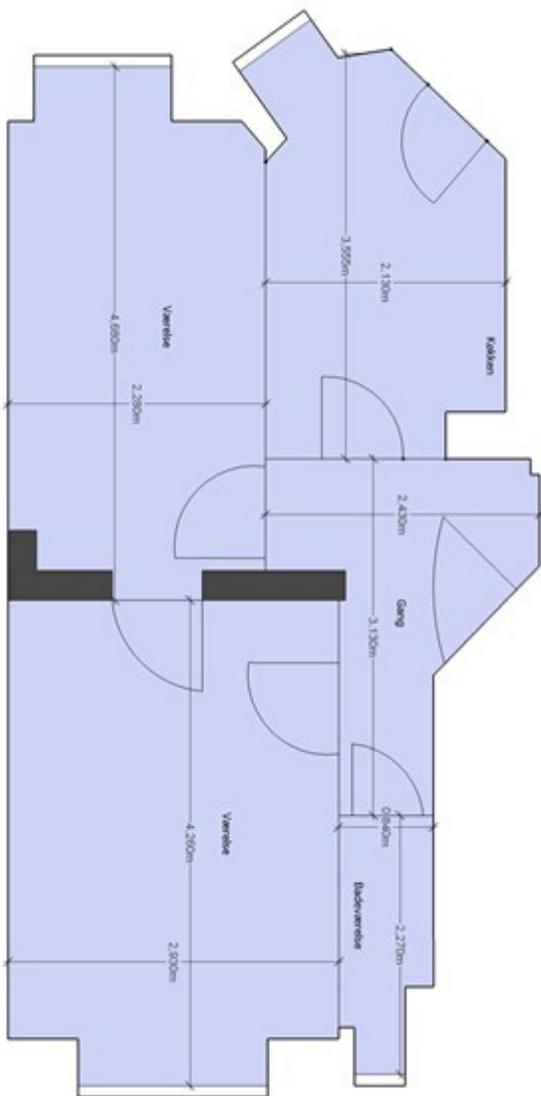


The Anxious Nester

- Introduction

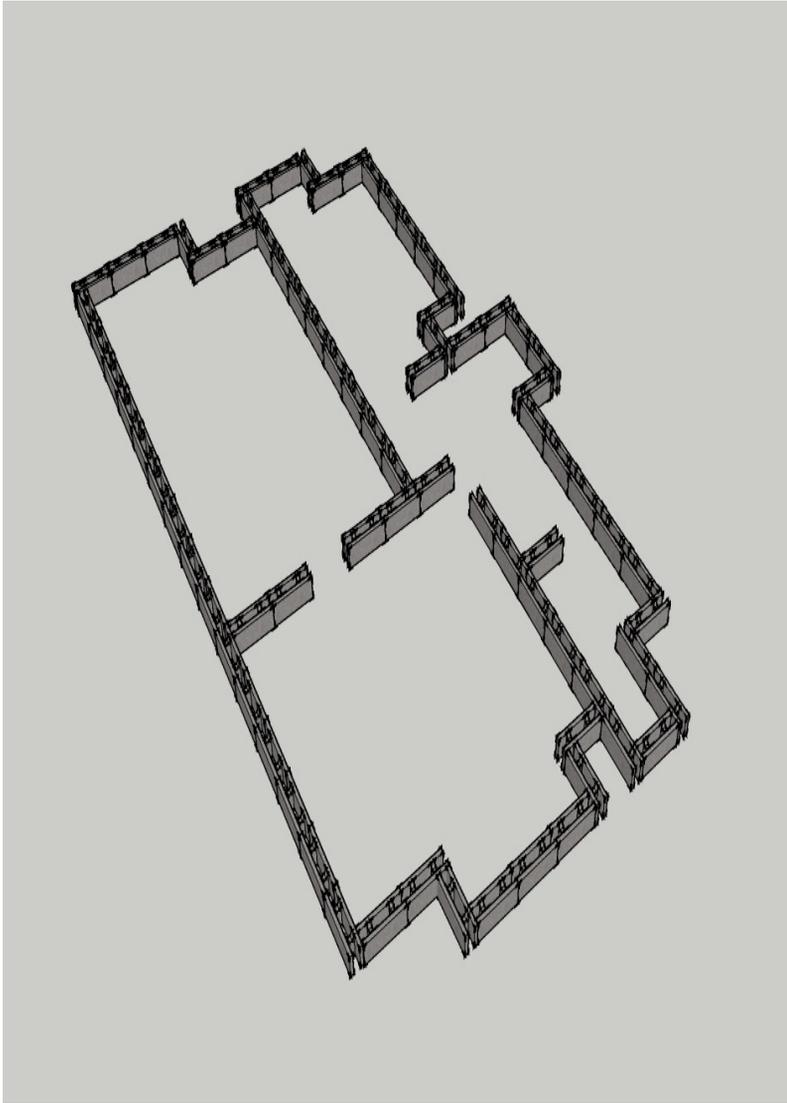
What constitutes the phenomena nesting? What characterizes the nester? And why is she so anxious? And how come she is rarely a he? These are some issues we would like to address, for some reason they have come to our concerns lately and age is not an unlikely cause. If searching for a conclusion we must emphasize that we are far more excited about raising questions rather than answering them.

There appears to be an ambivalence towards the desire to nest. Somehow there lies a, in inverted commas, natural and an intuitive force behind the urge to collect objects. On the other hand there is a pattern of consumption to be observed in the voracious gathering of commodities, hence the notion of desire and not the more primordial notion of need.



The desire to nest is observed in several cases and it is often ridiculed or trivialized. Well it might not be the most important of all questions, but we allow ourselves to treat a subject close to our hearts. And from our bodily experiences we wish to elaborate further into fields of more general issues, since we would like to avoid generalizing without at least some sort of proof. Keep in mind though, that we are two minds and not one, and in addition to these two minds are all the minds we surround ourselves with every day. So allow us to generalize just a little bit with reservation for making errors and inventing new truths.

The concept of nesting might originate from the animal kingdom as an instinct related to giving birth, but online hits and the popular discourse show that the term is more associated with a specific woman, not necessarily from a certain country, class, sexuality or race, but definitely a woman. And the nesting does not even have to be related to giving birth - nesting is a lifestyle. Lifestyle is an odd word that semantically has to do with a way of acting, a performance of something. This staging of the self must have an origin.



We can see that it is manifested when the subject presents itself to the world, society, so we reckon society must have a finger in the pie. Is it maybe time to accept that through this act of self-representation the subject becomes an object? Or at least something in between.

The ultimate subject/object we can come up with is the egg, this item of both consumption and reproduction and something in between. And what came first, the chicken or the egg? The subject or the object? This causality dilemma might leave us no wiser than before, it might even leave us more anxious than before. And this anxiety appears to be the only substructure upon which we can lay our eggs.

The anxiety we mention is the inevitable result of a precarious living that comes with being alone with our selves, and the 'self' is exactly what seems to be the problem - along with precariousness. The possibility of self-realization is what we have been granted but the circumstances under which we can self-realize are precarious and our privileges are withheld conditionally. This can make us anxious.



If the relation between subject and object could cease to be a contradiction and become a juxtaposition we would be a step further.

These thoughts lead us towards some possible instructions for building a nest that can bring us consolation in these uncertain times.



Building a Nest - Instructions

1. When space is decreasing, walls are kept white, enlarging the room, white is clean, clean is good.
2. As access to nature becomes limited, place unfinished hardwood floors to emphasize the natural origins in an urban setting.
3. Resources are running out, so install several large windows and skylights to reduce power use and enjoy a room with a view.
4. To support growth and prosperity, acquire innumerable objects, exotic objects, interesting objects. Buy to boost.



5. To perform your ecological responsibility, avoid too many objects, keep clean surfaces, clean is good.

6. Encourage real estate and a growing economy by buying a home in a neighborhood inhabited by artists and students - great atmosphere, great investment, guaranteed surplus.

7. To support your local community choose local produce when grocery shopping - praise the political consumer!

8. To enhance global economy leave behind your footprints all over the map and buy souvenirs from far and wide.

9. Save electricity and mount mirrors in the rooms to give an illusion of more space and to reflect light, light is good, white is nice.



LEANE CARTE POSTALE

10. Since time is a high-rate currency, encourage the production of slow food in your large open dynamic kitchen environment.

11. Always choose free range eggs, all eyes are on you when shopping, you will be judged for bad behavior - behold the ethical consumer!

12. When incapable of deciding on the larger structures turn to decoration. This should be subtle and well thought through, clean is good, clean is pure.

13. Without influence on the system turn to your interior. This should reflect yourself. This alleged self should be green and pure.

14. To balance your personal CO₂ release, grow a vertical herb garden in your kitchen - behold the eco-friendly consumer!



15. As culture is limited to consumption, surround yourself with artistic commodities.

16. After the total infringement of creativity, your cooking ritual is also of great importance. Prolong your process, enjoy the work, for the work shall never come to an end.

17. After the loss of control of all commons, turn to your inside, nurture yourself, keep absolute control of your body, the only thing left that you seemingly own.

18. The terms and conditions of freedom should be read thoroughly.

19. The freedom of speech you are granted comes with conditions: it should be heavily exercised through your personal computing device, sharing is mandatory.

If the home of
a body, the
TABLE is the
Heart
THE BEATING CENTER
of it ALL.

The Handprint
Bread & Wine



BE STRONG
COURAGEOUS
Seek Adventure
AND TRUTH!

The Handprint

SEE YA
LATER
ALLIGATOR

YOU
MAKE
ME
HAPPY
WHEN
SKIES
ARE
GREY

WAKE
UP
LITTLE
SISIE

LOVE
YOU,
A
BUSHEL
AND
A PECK.

HOT CHOC



20. Flexibility is of the essence, personal freedom is a smart and mobile computing device.

21. Freedom is a commodity, we are only as free as a free range chicken.

22. You are free to choose the eggs you want to buy.

23. Feel free to stop by to buy the eggs you would like.

24. So, what came first, the chicken or the egg? And is the egg organic?

25. What came first, the subject or the object? And how much does the object cost?

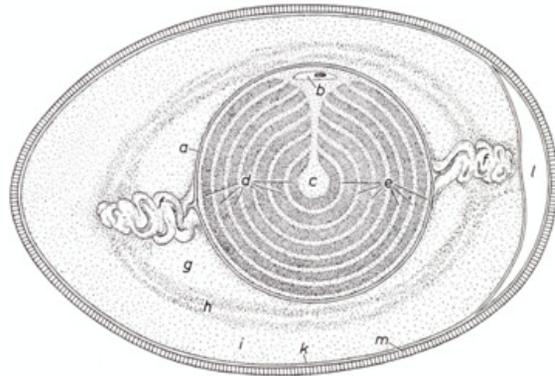


26. Caged chickens as we are, we should fence our houses with inviting yet protecting white fences, white is good, white is pure.

27. Now, lay your eggs for eternal life or for necessary reproduction.

28. As your offspring are servants of the state, you must develop a savings plan to create a nest egg for your retirement.

29. Finally you'll see, a stage is set for the nesting of the next.



Egg Diagrams

a: Performance venue (eg. theater)

b: Light and sound technicians

c: Main stage

d: Audience seating

e: Appropriate amount of space between the rows
(proximity limits freedom)

f: Emergency exit

g: Venue café outdoor seating; serving espresso,
drinks and wine in the late afternoon sun

h: The border of Center

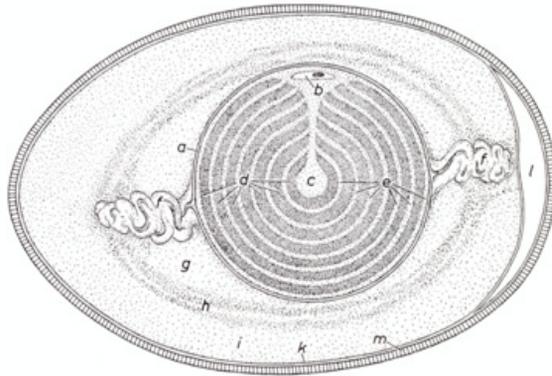
i: The Periferi

k: Space for potential subversive practice

m: The end of the world

l: Air cell (all we know is we know nothing)

- a: The self (The body)
- b: Space for dreaming and dancing (useless practices)
- c: Capital (money and more)
- d: Anxiety (time contracts)
- e: Desire (more wants more)
- f: Potential depression (disease, malfunction)
- g: The other (body)
- h: The System (Society)
- i: Nature (in our power)
- k: Space for potential subversive practice (utopia)
- m: The World
- l: Air cell (all we know is we know nothing)



a: Apartment walls (painted white on the inside, of course)

b: Main entrance

c: Mobile kitchen island (the heart of the home)

d: Layers of things and meanings

e: Space between things (nobody wants a crammed up living room)

f: Garage/basement or similar for storage (necessary in the pursuit of minimalism)

g: Empty space (proximity limits freedom)

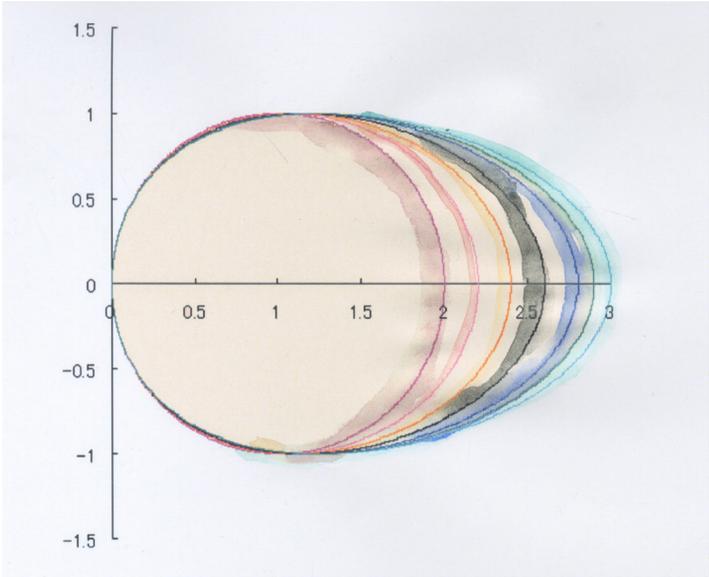
h: Social circle (network)

i: Production and consumption (work and pleasure)

k: Politics (intellectualism)

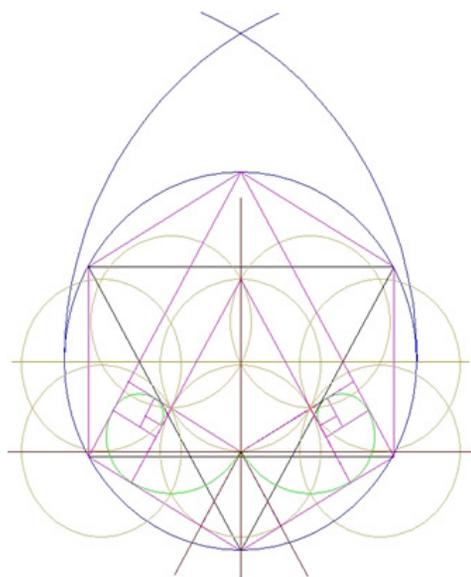
m: State border (protection against outside intruders)

l: Space for expansion (capitalism is imperial)



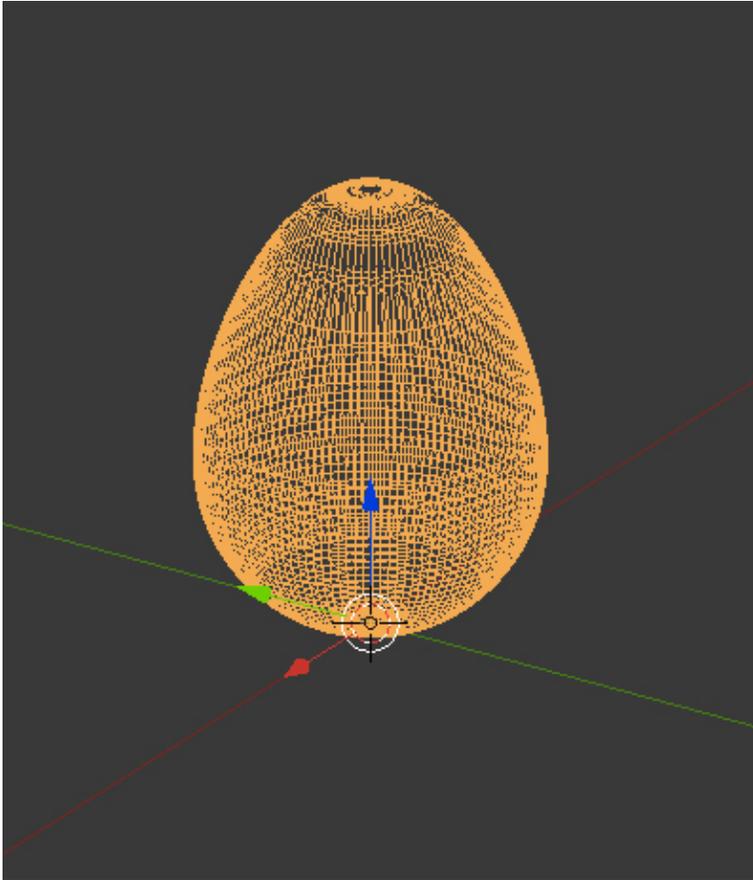
Epilogue

Seen from the sun that declines
and fades and dies,
it is a wonder that we still believe
in blind growth.



No matter how high a number you choose,
there is always one that is higher.

1
1 1
1 2 1
1 3 3 1
1 4 6 4 1
1 5 10 10 5 1
1 6 15 20 15 6 1
1 7 21 35 35 21 7 1
1 8 28 56 70 56 28 1
1 9 36 84 126 84 36 9 1



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